**Applications due by August 16, 2015**

“Glide with Pride” Program

Registration Form (2015 – 2016)

1. CFSC Skater’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Skater’s Age as of 9/15/15 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Must be 11 or in 6th grade to serve as a Jr. Assistant; Must by 12 or in 7th grade to serve as a Jr. Instructor.)

Parent’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. I am applying for: Please check appropriate box

Sunday Jr. Instructor ( )

Sunday Jr. Assistant ( )

(See attached for criteria.)

1. USFS Freestyle Test Level Completed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. USFS Moves in the Field Test Level Completed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Letter of Recommendation – Please attach a letter of recommendation from a Coach/Pro whom you assisted in the past or a letter from a parent (not your own) or other adult regarding your ability to work with children. **This is required for all first time applicants.**
4. Self Essay – Please attach a short essay (three paragraphs is fine) written by you (the skater) describing why you want to be a “Glide with Pride” Jr. Instructor or Assistant. This essay is **REQUIRED** OF **all** applicants.

With this application for the “Glide with Pride” program I am acknowledging that I have read the program guidelines and have met all the minimum requirements for the position I am applying for. I agree that if I am selected and do not fulfill the program requirements, attendance, performance, etc., I can be dropped from the program.

Skater’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please Forward Completed Application to Glide with Pride Program Committee

Electronic format: wjwskate@hotmail.com (Wende Jones) **AND**

dtimlen@icloud.com (Donna Timlen)

Or paper version in person or by mail to: Donna Timlen

4612 Terry Drive

Ellicott City, MD 210043

The Board and the Glide with Pride Program Committee would welcome applications ASAP. **We will start the Glide with Pride Program on August 23, 2015.**

**GLIDE WITH PRIDE**

Revised July 2015

**I. PROGRAM INTRODUCTION**

The program is designed to allow qualified older and more experienced CFSC figure skaters help polish the developing skills of younger and less experienced skaters. At the same time it allows the older skaters to learn the basics of coaching techniques and to experience actual coaching situations. This informal instruction time by volunteer junior instructors and assistants is intended to supplement, not replace, more formal figure skating instruction through group and/or private lessons. Skaters who meet the CFSC requirements are invited to apply to be a Junior Instructor or an Assistant for the CFSC Club Ice Programs.

The following criteria explains the program requirements for those skaters wishing to participate in the coaching aspects of the program.

**II. CLUB ICE “GLIDE WITH PRIDE” PROGRAM**

The CFSC Club Ice Program allows qualified “Glide with Pride” skaters to work as Junior Instructors or Assistants during the CFSC Club Ice time on Sundays. It is a priviledge to serve as a Junior Instructor or Assistant.

**A. ELIGIBILITY – JR. ASSISTANT**

Any skater may apply for a “Glide with Pride” Junior Assistant position if the skater meets the following minimum requirements:

(1.) The skater must be a Columbia Figure Skating Club (CFSC) member. CFSC should be their home club with US Figure Skating.

(2.) The skater must be 11 years old or in sixth grade by September 15th of the year of application.

(3.) The skater must be enrolled in the Sunday club ice sessions at Columbia Ice Rink during the regular season (September through April).

(4.) The skater must have passed the USFS Preliminary Freestyle test **PRIOR** to the Fall CFSC session or be invited under specific exception by the Glide with Pride review committee.

**B. ELIGIBILITY – JR. INSTRUCTOR**

Any skater may apply for a “Glide with Pride” Junior Instructor position if the skater meets the following minimum requirements:

(1.) The skater must meet all of the requirements above for a Jr. Assistant, plus…

(2.) The skater must be 12 years old or in seventh grade by September 15th of the year of application.

(3.) The skater must have passed the USFS Juvenile Freestyle Test

**PRIOR** to the Fall CFSC session or be invited under specific exception by the Glide with Pride review committee.

(4.) If the skater is 11 years old or in sixth grade by September 15th of the year of application AND the skater has passed the Pre-Juvenile Freestyle Test prior to the Fall CFSC session, the skater may be elgible to serve as a Jr. Instructor for Red, Blue and Green levels of the “Glide with Pride” program with “Glide with Pride” Committee approval.

**C. APPLICATION AND ACCEPTANCE**

Any skater may submit an application, if the above minimum eligibility requirements are met.

(1.) The skater should obtain an application form from the “Glide with Pride” coordinator.

(2.) The skater should indicate their intention to apply to be a Jr. Instructor or Assistant “Glide with Pride” by **August 16, 2015**. This can be accomplished by an email to Wende Jones (wjwskate@hotmail.com), with a copy to Donna Timlen (dtimelen@verizon.net).

(3.) The skater should submit the completed form, including essay, to the “Glide with Pride” coordinators by **August 16, 2015.** Please note that this year the indication of interest and the due date for the forms are on the same date.

(4.) If the skater wishes to participate in the Glide with Pride program as a Jr. Instructor or Assistant, the skater should submit a letter of recommendation with this application from their coach. On occasion, a letter from a parent regarding the skater’s ability to work with children would also be acceptable. In addition, the skater should submit with their application a three paragraph essay stating why they wish to participate.

(5.) The CFSC Board will establish a “Glide with Pride” review committee. They will determine the number of Junior Instructor positions and Assistant positions needed for the season. They will review all of the applications and, if need be, interview the applicant. The review committee will determine the best qualified CFSC skaters for the Junior Instructor or as an Assistant before the Fall CFSC Open House, if the application is accepted.

**D. REQUIREMENTS**

There will be minimum requirements for the participants of this program in order to receive any recognition applicable to the program. Every skater and parent must be certain that it will be possible for the skater to fulfill these minimum requirements BEFORE the application is submitted to the “Glide with Pride” coordinator for review.

(1.) The skater must plan to attend **EVERY** Sunday CFSC club ice session in the Fall and Spring skating schedule. (This will exclude some show rehearsal dates when the “Glide with Pride” program is not held).

(2.) The skater is to notify the “Glide with Pride” coordinator **PRIOR** to a Sunday absence. The skater may only miss 2 excused Sunday absences. More than 2 absences will terminate your position for the remainder of the season. The skater must register with the program coordinator at the beginning of Sunday club ice to verify attendance.

(3.) The skater must be productively and effectively instructing their assigned group in order to receive credit for attendance that day. The skater should not be using their instructional time for personal practice time.

## IV. RECOGNITION

The “Glide with Pride” program is an important component to CFSC in the development of all of their skaters. The Columbia Figure Skating Club will recognize each member of the “Glide with Pride” Programs at CFSC activities during, and at the end of, the CFSC skating season. This recognition may take a variety of forms. Recognition will only be given to a skater who met the weekly requirements. The “Glide with Pride” review committee will evaluate how each Junior Instructor and Assistant met the weekly expectations and recommend whether or not they should be included in any recognition program.